

## ADLENS VR ProOptics

Custom performance optics for VR


Installation and removal guide for Oculus ${ }^{\text {TM }}$ Quest


1. Remove the fabric eye shroud from the around the back of the headset. This will allow you to easily install the prescription lens inserts into your headset.

2. Carefully remove the right and left retainer rings from around headset lenses. To do this, hold the headset securely with one hand and then carefully unclip the rings from around each lens.

For further guidance on how to remove the retainer rings, please refer to your original Oculus Quest documentation.

3. Select an insert to install, you can identify each lens by the $L \& R$ markings on the outer edge.

Be sure to match up the correct insert with the correct headset lens as they are customised for each eye.

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4. First of all, orientate and align the insert to headset lens.

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5. Once aligned, apply light pressure to the outer edge until the insert clips into place.

Try to avoid pressing down directly onto the lens itself.

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6. Repeat, with the other lens insert.

7. Now replace the fabric eye shroud back onto your headset.

8. Your Adlens VR ProOptics Lens Inserts are now installed. Ready for you to enjoy improved optical performance, comfort and immersion.

## Optional step.

Some users may want to use the spacer for extra space within the headset.


For further guidance on how install the spacer, please refer to your original Oculus Quest documentation.

## Removing the lens insert from the headset.

Using the diagram below (Fig.A), position your forefinger and thumb at the two points indicated.

Fig.A


Hold the headset firmly with one hand and place your thumb or forefinger on the undercut in Position 1 then lever upwards until it unclips. Repeat with the other insert. Be careful not to touch the lens surface.

## - <br> ADLENS VR ProOptics

For installation videos and support guides scan this QR code

Contents: $2 \times$ Custom VR ProOptics lens inserts / Storage case / Cleaning cloth

- Have your eyes examined by an eye care professional every 2 years.
- Do not use this product if it causes you eye strain or discomfort.
- STORE the inserts in its protective case when not in use.
- USE the cleaning cloth provided to clean the lenses.
- CLEAN with care.
- DISPOSE of device in accordance with local regulations.
- Only to be used in conjunction with your VR headsets original user guide.

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